COVID-19
PARENTS
guidance
document

Barking & Dagenham

Education Team

From the 20ᵗʰ March 2020, schools were closed to children except for:

- **Children who have a social worker**
- **Children with an Education, Health and Care Plan.**
- **Children whose parents are deemed a keyworker**. https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers

The government guidance states that if a child is safer at home then they must remain there. **Please liaise with your child's school and your social worker if this applies to you and need further assistance.**

Free school meals

Schools across the borough are working in several ways to ensure your child receives their entitlement. This ranges from providing food hampers to issuing FSM vouchers in accordance with the government voucher scheme.

Please check your school's website for updates during this period of partial closure.

If your child is <u>not due </u>to attend school during this time, they will be receiving work from their teachers. If you need any support with work, please contact the school direct.

Useful Links

General Advice https://www.nhs.uk/conditions/coronavirus-covid-19/

LBBD Council information https://www.lbbd.gov.uk/coronavirus-covid-19

LBBD Homes and Money Hub team can be reached on **020 8724 2115 or homesandmoneyhub@lbbd.gov.uk**

Mental Health & Wellbeing

- Need to talk with someone? Contact Samaritans / call 116 123

- Child or young person, need to talk? Contact Childline / call 0800 1111

https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/

Experiencing domestic abuse?

National Domestic Abuse Helpline 0808 2000 247

COVID-19 specific advice on domestic abuse

https://www.refuge.org.uk/covid19-survivor-tips/

General support via community hubs

https://www.lbbd.gov.uk/let-us-know-if-you-need-help-or-support

email: bdcan@lbbd.gov.uk

Children will increasingly be using social networks to reach out to others and with that there will be an increased risk to fake news and online harms.

NSPCC NetAware provides a useful guide to social networks, apps and guide.

National Online Safety have produced a series of top tips guides to support remote learning for Parents, Children and Teachers.

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline for different age groups and parents.

Childnet has produced a Parent and Carer Toolkit which is a collection of three resources designed to help you talk to your child about their online life, manage boundaries around family internet use and point you in the direction of where to get further help and support.

Online safety

Information

👤 LBBD Education Team

✉️ accessandattendance@lbbd.gov.uk

🔗 https://www.lbbd.gov.uk/schools-and-learning